



St Cuthbert's Spring Term Menu 2026

All meals are served with water
& a choice of fresh fruit and vegetables every day



Week 1 (wk beginning: 5/1 (first day back Tues 6/1), 26/1, 23/2, 16/3)

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta or Macaroni Cheese, Garlic Bread & Mixed Vegetables Biscuit & Milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes or pasta, York. Pudding, Sweetcorn & gravy Orange/strawberry jelly/ Yoghurt Fresh Fruit & Vegetables	Chicken Casserole or chicken fajitas, garlic bread or wrap, carrots & rice Cheesecake / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, roast potatoes, Yorkshire pudding, gravy & broccoli Sticky toffee pudding & custard/ Yoghurt Fresh Fruit & Vegetables	Pizza or Fish Fingers, Chips & Baked Beans Pudding of the day / Yoghurt / fruit juice Fresh Fruit & Vegetables

Week 2 (wk beginning: 12/1, 2/2, 2/3, 23/3)

Monday	Tuesday	Wednesday	Thursday	Friday
Fish cake or Fish Fingers, waffles & Mixed Vegetables Biscuit & milk / Yoghurt Fresh Fruit & Vegetables	Roast Turkey, roast potatoes or pasta, Yorkshire pudding, sweetcorn & gravy Courgette & raisin muffins / Yoghurt Fresh Fruit & Vegetables	Beef enchiladas, carrots, rice, tortilla chips & crispy bread Chocolate or vanilla ice-cream/ Yoghurt Fresh Fruit & Vegetables	Roast sausages, roast potatoes, Yorkshire pudding, gravy & peas Chocolate cake & Custard / Yoghurt Fresh Fruit & Vegetables	Pizza bread or jacket potato, Chips & Baked Beans Pudding of the day / Yoghurt Fresh Fruit & Vegetables

Week 3 (wk beginning: 19/1, 9/2, 9/3, 30/3)

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta or Macaroni Cheese, Garlic Bread & Mixed Vegetables Brownie & milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes or pasta, York. Pudding, Sweetcorn & gravy Cheesecake / Yoghurt Fresh Fruit & Vegetables	Chicken curry, naan bread rice & Carrots Cookie & milk/ Yoghurt Fresh Fruit & Vegetables	Roast Sausages, roast potatoes, Yorkshire pudding, broccoli & gravy Cake & custard / Yoghurt Fresh Fruit & Vegetables	Salmon bites or Fish Portion, Chips & Baked Beans Pudding of the day / Yoghurt / fruit juice Fresh Fruit & Vegetables



ALL Reception, Y1 & Y2 pupils are entitled to a free meal *plus anyone in Y3, Y4 & Y5 eligible for free school meals.*

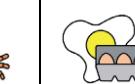
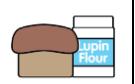
For all other pupils school lunches cost £2.70 per day – children may change between a packed lunch or a school dinner BUT PLEASE MAKE SURE YOU HAVE SELECTED THE CHOICE ON ARBOR BEFORE 8:30AM EACH DAY

SEE BELOW FOR ALLERGEN INFORMATION FOR ALL MEALS

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

MAIN DISHES																
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide		
Chicken curry							✓									
Chicken wrap		✓ wheat					✓									
Beef enchiladas		✓ wheat					✓									
Yorkshire pudding		✓ wheat		✓			✓									
Pasta		✓ wheat														
Crispy / Garlic / Naan bread		✓ wheat														
Sausages		✓ wheat											✓	✓		
Pizza wrap		✓ wheat					✓									
Fish fingers & portion		✓ wheat			✓											
Tomato & basil pasta		✓ wheat		✓						✓						
Macaroni cheese		✓ wheat					✓									
Chicken casserole		✓ wheat														
Salmon bites		✓ wheat			✓				✓							
Baked beans															✓	
Tortilla chips		✓ wheat					✓						✓			

PUDDINGS															
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
Biscuit		✓ wheat													
Apple & carrot muffin		✓ wheat		✓			✓								
Courgette & raisin muffins		✓ wheat		✓			✓								
Yoghurt							✓								
Cheesecake		✓ wheat					✓								
Cupcake		✓ wheat		✓											
Brownie		✓ wheat		✓										✓	
Toffee whirl		✓ wheat					✓								
Chocolate cake		✓ wheat		✓											
Sticky toffee pudding		✓ wheat		✓			✓								
Ice cream							✓							✓	
Sponge cake		✓ wheat		✓											
Pudding of the day		✓ wheat		✓										✓	

PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS

Review date: 19/12/25

Review by: K Smilgiene (catering manager) & C McGregor (Head teacher)

You can find this template,



including more information at www.food.gov.uk/allergy

Next review date: 2/4/26