



# St Cuthbert's Spring Term Menu 2026

All meals are served with water  
& a choice of fresh fruit and vegetables every day



<b>Week 1</b> (wk beginning: 5/1 (first day back Tues 6/1), 26/1, 23/2, 16/3)				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Tomato & Basil Pasta <i>or</i> Macaroni Cheese, Garlic Bread & Mixed Vegetables Biscuit & Milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes <i>or</i> pasta, York. Pudding, Sweetcorn & gravy Orange/strawberry jelly/ Yoghurt Fresh Fruit & Vegetables	Chicken Casserole <i>or</i> chicken fajitas, garlic bread or wrap, carrots & rice Cheesecake / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, roast potatoes, Yorkshire pudding, gravy & broccoli Sticky toffee pudding & custard/ Yoghurt Fresh Fruit & Vegetables	Pizza <i>or</i> Fish Fingers, Chips & Baked Beans Pudding of the day / Yoghurt / fruit juice Fresh Fruit & Vegetables
<b>Week 2</b> (wk beginning: 12/1, 2/2, 2/3, 23/3)				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Fish cake <i>or</i> Fish Fingers, waffles & Mixed Vegetables Biscuit & milk / Yoghurt Fresh Fruit & Vegetables	Roast Turkey, roast potatoes <i>or</i> pasta, Yorkshire pudding, sweetcorn & gravy Courgette & raisin muffins / Yoghurt Fresh Fruit & Vegetables	Beef enchiladas, carrots, rice, tortilla chips & crispy bread Chocolate or vanilla ice-cream/ Yoghurt Fresh Fruit & Vegetables	Roast sausages, roast potatoes, Yorkshire pudding, gravy & peas Chocolate cake & Custard / Yoghurt Fresh Fruit & Vegetables	Pizza bread <i>or</i> jacket potato, Chips & Baked Beans Pudding of the day / Yoghurt Fresh Fruit & Vegetables
<b>Week 3</b> (wk beginning: 19/1, 9/2, 9/3, 30/3)				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Tomato & Basil Pasta <i>or</i> Macaroni Cheese, Garlic Bread & Mixed Vegetables Brownie & milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes <i>or</i> pasta, York. Pudding, Sweetcorn & gravy Cheesecake / Yoghurt Fresh Fruit & Vegetables	Chicken curry, naan bread rice & Carrots Cookie & milk/ Yoghurt Fresh Fruit & Vegetables	Roast Sausages, roast potatoes, Yorkshire pudding, broccoli & gravy Cake & custard / Yoghurt Fresh Fruit & Vegetables	Salmon bites <i>or</i> Fish Portion, Chips & Baked Beans Pudding of the day / Yoghurt / fruit juice Fresh Fruit & Vegetables

















**ALL Reception, Y1 & Y2 pupils are entitled to a free meal *plus anyone in Y3, Y4 & Y5 eligible for free school meals.***















**For all other pupils school lunches cost £2:70 per day – children may change between a packed lunch or a school dinner BUT PLEASE MAKE SURE YOU HAVE SELECTED THE CHOICE ON ARBOR BEFORE 8:30AM EACH DAY**

## SEE BELOW FOR ALLERGEN INFORMATION FOR ALL MEALS

### DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

MAIN DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken curry							√							
Chicken wrap		√ wheat					√							
Beef enchiladas		√ wheat					√							
Yorkshire pudding		√ wheat		√			√							
Pasta		√ wheat												
Crispy / Garlic / Naan bread		√ wheat												
Sausages		√ wheat											√	√
Pizza wrap		√ wheat					√							
Fish fingers & portion		√ wheat			√									
Tomato & basil pasta		√ wheat		√					√					
Macaroni cheese		√ wheat					√							
Chicken casserole		√ wheat												
Salmon bites		√ wheat			√				√					
Baked beans														√
Tortilla chips		√ wheat					√						√	

PUDDINGS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Biscuit		√ wheat												
Apple & carrot muffin		√ wheat		√			√							
Courgette & raisin muffins		√ wheat		√			√							
Yoghurt							√							
Cheesecake		√ wheat					√							
Cupcake		√ wheat		√										
Brownie		√ wheat		√									√	
Toffee whirl		√ wheat					√							
Chocolate cake		√ wheat		√										
Sticky toffee pudding		√ wheat		√			√							
Ice cream							√						√	
Sponge cake		√ wheat		√										
Pudding of the day		√ wheat		√									√	

**PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS**

Review date: 19/12/25      Review by: K Smilgiene (catering manager) & C McGregor (Head teacher)

You can find this template,



including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

Next review date: 2/4/26